

Local Offer leisure and activities

During this time of self-isolation and social distancing it's more important than ever that there is plenty to keep our children and young people entertained and fit and healthy. London Borough of Bromley have produced a list of resources and videos which we hope that you find useful.

- [**SENDMatters: Coronavirus \(COVID-19\) - keeping fit and healthy.**](#)
- [**SENDMatters: Coronavirus \(COVID-19\) - keeping occupied indoor activities.**](#)

This is your Local Offer and so your feedback is always welcome. If you have any ideas or suggestions for more links that we could include please [**use the feedback form to let us know.**](#)

[**Short breaks for disabled children and young people and their carers**](#)

What are short breaks and how to apply

The Children's Disability Service continue to work to support families, children and young people with SEND and have commissioned our providers to offer these short break activities during the summer holiday.

[**Summer activities for children and young people with Special Educational Needs and their families**](#)

[**MyMax discount card**](#)

The My Max Card is a discount card for families of children with disabilities. It can help you save money on great days out at castles, zoos, bowling alleys and more.

[**Bromley Children and Family Centres**](#)

You will find a range of courses and drop in sessions including baby clinics, developmental health checks, speech and language, drop-ins and support groups.

[**Mytime Active**](#)

Find out about the range of health and wellbeing activities available across the borough from our leisure and sports venues managed by Mytime Active.

Swimming

- [**Mytime Active swimming lessons**](#)
- [**Conquest Swimming Club**](#)

Cinemas in Bromley

- [**Bromley Picturehouse**](#)
- [**EMPIRE cinemas**](#)
- [**ODEON cinemas**](#)
- [**YUE cinemas**](#)

[Libraries](#)

[Museums and galleries](#)

[Churchill Theatre](#)

[Parks in Bromley](#)

[Community and public toilets](#)

[Changing Places toilets](#)

People with profound and multiple learning disabilities, as well people with other physical disabilities often need extra equipment and space to allow them to use the toilets safely and comfortably. These needs are met by Changing Places toilets.